

Resources on Racial Justice
June 8, 2020

7 Anti-Racist Books Recommended by Educators and Activists from the New York Magazine

https://nymag.com/strategist/article/anti-racist-reading-list.html?utm_source=insta&utm_medium=s1&utm_campaign=strategist

By [The Editors](#) of NY Magazine

With [protests](#) across the country calling for systemic [change](#) and justice for the killings of [George Floyd](#), [Ahmaud Arbery](#), [Breonna Taylor](#), and [Tony McDade](#), many people are asking themselves what they can do to [help](#). Joining protests and making donations to organizations like [Know Your Rights Camp](#), the [ACLU](#), or the [National Bail Fund Network](#) are good steps, but many anti-racist educators and activists say that to truly be anti-racist, we have to commit ourselves to the ongoing fight against racism — in the world *and* in us. To help you get started, we've compiled the following list of [books](#) suggested by anti-racist organizations, educators, and [black-owned bookstores](#) (which we recommend visiting online to purchase these books). They cover the history of racism in America, identifying white privilege, and looking at the intersection of racism and misogyny. We've also collected a list of recommended books to help parents raise anti-racist children [here](#).

[Hard Conversations: Intro to Racism - Patti Digh's Strong Offer](#)

This is a month-long online seminar program hosted by authors, speakers, and social justice activists Patti Digh and Victor Lee Lewis, who was featured in the documentary film, *The Color of Fear*, with help from a community of people who want and are willing to help us understand the reality of racism by telling their stories and sharing their resources. There are two learning spaces for this course: An online classroom and our weekly live seminars. Content and course details will be delivered...

<https://www.pattidigh.com/product/hard-conversations-intro-racism/>

Great list of many resources from Fortune Magazine Editors

<https://fortune.com/2020/06/05/antiracist-books-donations-black-owned-businesses-resources/amp/>

Below are educational and actionable resources *Fortune's* editorial staff have been consuming and sharing among our friends, families, professional networks, and one another to help us rise to the occasion in this long overdue moment—and in the weeks and years to come. This is by no means an exhaustive list, but it's a good place to start.

Organizations to support

- [The Bail Project](#) works with public defenders and community organizations to provide assistance paying bail, court date reminders, transportation, and other support to low-income individuals.
- The [Black Alliance for Just Immigration](#) works toward racial, social, and economic justice locally and regionally by engaging with community partners to boost awareness about race, racism, identities, migration, and globalization.
- [Black Visions Collective](#) is a Minnesota-based organization dedicated to dismantling systems of oppression and violence by fostering black leadership.
- The [UndocuBlack Network](#) provides resources and community, along with advancing policy, immigrant rights, and racial justice to benefit black undocumented individuals.
- [African Communities Together](#) is “an organization of African immigrants fighting for civil rights, opportunity, and a better life for our families here in the U.S. and worldwide.”
- [My Block, My Hood, My City](#) is a Chicago nonprofit at the forefront of getting aid to businesses in majority-minority neighborhoods.

- [Hope Not Hate](#) is an antiracist and antifascist advocacy group in the U.K. that focuses its efforts on community politics and stifling extremism.
- The [Black Emotional and Mental Health Collective](#) is a nonprofit “collective of advocates, yoga teachers, artists, therapists, lawyers, religious leaders, teachers, psychologists, and activists.”
- [Know Your Rights Camp](#): A campaign and series of camps held in various U.S. cities to empower black youth and instruct them on how to interact with law enforcement, founded by professional football player Colin Kaepernick.
- [National Black Arts’ Forward Artist Project Relief Fund](#): A fund to support black artists in need, enabling them to continue creating and featuring their art during the COVID-19 pandemic.

Books to read and discuss

- [*Pushout: The Criminalization of Black Girls in Schools*](#) by Monique W. Morris
- [*Not Quite Not White: Losing and Finding Race in America*](#) by Sharmila Sen
- [*Heavy: An American Memoir*](#) by Kiese Laymon
- [*On the Other Side of Freedom: The Case for Hope*](#) by DeRay Mckesson
- [*I’m Still Here: Black Dignity in a World Made for Whiteness*](#) by Austin Channing Brown
- [*Give Us the Ballot: The Modern Struggle for Voting Rights in America*](#) by Ari Berman
- [*When They Call You a Terrorist: A Black Lives Matter Memoir*](#) by Patrisse Khan-Cullors, Asha Bandele, Angela Y. Davis (Foreword)
- [*This Will Be My Undoing: Living at the Intersection of Black, Female, and Feminist in \(White\) America*](#) by Morgan Jerkins
- [*We Gon’ Be Alright: Notes on Race and Resegregation*](#) by Jeff Chang

- [*Evicted: Poverty and Profit in the American City*](#) by Matthew Desmond
- [*Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor*](#) by Layla F. Saad
- [*White Fragility: Why It's So Hard for White People to Talk About Racism*](#) by Robin DiAngelo
- [*The End of Policing*](#) by Alex S. Vitale
- [*Who Do You Serve, Who Do You Protect? Police Violence and Resistance in the United States*](#), edited by Joe Macaré, Maya Schenwar, and Alana Yu-lan Price
- [*How to Be an Antiracist*](#) by Ibram X. Kendi
- [*Tears We Cannot Stop: A Sermon to White America*](#) by Michael Eric Dyson
- [*Sister Outsider: Essays and Speeches*](#) by Audre Lorde
- [*Between the World and Me*](#) by Ta-Nehisi Coates
- [*How We Show Up: Reclaiming Family, Friendship, and Community*](#) by Mia Birdsong
- [*Homegoing*](#) by Yaa Gyasi
- [*The Bluest Eye*](#) by Toni Morrison
- [*The Hate U Give*](#) by Angie Thomas

Articles and blog posts

- ["The White Space"](#) by Elijah Anderson, *Sociology of Race and Ethnicity* 2015, Vol. 1(1) 10–21, American Sociological Association
- ["The Case for Reparations"](#) by Ta-Nehisi Coates, *The Atlantic*, June 2014
- ["How White Managers Can Respond to Anti-Black Violence,"](#) by Michael W. Kraus, *Yale Insights*
- ["Why CEO Black Lives Matter Communications Are Critical: A DIBs Leader's Perspective,"](#) by Erin L. Thomas, VP, head of diversity, inclusion, and belonging, Upwork

- [“Where do I donate? Why is the uprising violent? Should I go protest?”](#)
Medium post by Courtney Martin

Films and TV shows

- *13th*
- *When They See Us*
- *Just Mercy* ([available to rent for free in June](#))
- *Dear White People* (Netflix series)
- *If Beale Street Could Talk*
- [Clemency](#)
- *Fruitvale Station*
- *I Am Not Your Negro*

Black-owned businesses to support

- [Semicolon](#): Chicago’s only black-woman-owned bookstore and gallery
- [String Thing Studio](#): yarn store in Brooklyn
- [The Lit Bar](#): bookstore in the Bronx
- [“Black-Owned Bookstores to Support Now,”](#) *Publishers Weekly*
- [“125 Best Black-Owned Beauty Brands to Support Right Freakin’ Now”](#)
by Julee Wilson, *Cosmopolitan*, June 2, 2020
- [“Here’s a list of more than 200 black-owned food businesses in L.A.”](#) by
Jenn Harris, *Los Angeles Times*, May 31, 2020
- [“Black-Owned Restaurant Lists Circulating the Internet, Organized by City”](#) by the *Bon Appétit* staff, June 4, 2020

Resources for parents

- [“George Floyd. Ahmaud Arbery. Breonna Taylor. What do we tell our children?”](#) by Alia E. Dastagir, *USA Today*, May 31, 2020
- [“Talking Race With Young Children,”](#) NPR, April 26, 2019

- ["Raising White Kids Author On How White Parents Can Talk About Race," NPR All Things Considered, May 31, 2020](#)
- [Racism and Violence: How to Help Kids Handle the News](#), Child Mind Institute
- ["Framing Brave Conversations About Race and Ethnicity"](#) (PDF), [Leading Equity Center](#)
- ["George Floyd, Racism and Law Enforcement: Table Talk: Family Conversations about Current Events,"](#) Anti-Defamation League
- ["Teaching About Racism, Violence, Inequity and the Criminal Justice System,"](#) Anti-Defamation League

Podcasts

- [Justice in America](#)
- [Code Switch](#)

Other resource compilations we've come across

- [How-To: Tools and Guides to Defend Black Lives](#)
- A list of [eight black-led LGBTQ organizations](#)
- [Activism & Allyship Guide](#) prepared by the Black@ Airbnb Employee Resource Group
- A [Twitter thread of children's books that discuss race and racism](#) by @wanderingbritt_
- [Array 101](#): a learning companion to Ava DuVernay's films
- Black people to follow in the cooking world by Samin Nosrat ([start here](#) and arrow toward more recent posts)
- [Anti-Racist Resource Guide](#) created by Victoria Alexander, M.Ed.
- [TED talks](#) to help you understand racism in America
- ["Anti-racism resources for white people,"](#) Google doc compiled by Sarah Sophie Flicker and Alyssa Klein, May 2020

- [“Resources on Environmental Justice, Racism, and Whiteness,”](#) Washington Environmental Council
- [“An Essential Reading Guide for Fighting Racism”](#) by Arianna Rebolini, *BuzzFeed News*, May 29, 2020
- [“Attending a Protest: Surveillance Self Defense,”](#) Electronic Frontier Foundation
- [Resource guide](#) comprising bail funds, memorial funds, mutual aid, and advice for protesters by Twitter user [@botanicaldyke](#)
- [Talking About Race](#): a resource portal from the National Museum of African-American History & Culture
- [Resource guide](#): “a working document for scaffolding anti-racism resources” by Anna Stamborski, Nikki Zimmermann, and Bailie Gregory
- [The Movement for Black Lives](#): a series of [daily actions](#) to put an “end to the criminalization, incarceration, and killing” of black people. Examples include organizing a march or a Twitter storm, displaying a banner in your yard, providing materials such as masks and hand sanitizer to protesters, and much more. The actions are color-coded green, yellow, and red to indicate the level of safety risk associated with each

Protests raged across the world this weekend over the death of George Floyd, an unarmed black man in Minneapolis. But tensions over the deaths of other black Americans like [Ahmaud Arbery](#) and [Breonna Taylor](#) were mounting just before Floyd’s death.

Additionally, the coronavirus pandemic is disproportionately killing black Americans, which [researchers](#) attribute to “social conditions, structural racism, and other factors.”

All these stories require not only our attention but a deeper understanding of systemic racism and implicit bias. We have pulled some resources that we believe will be helpful during these frightening and frustrating times. Understanding begins with all of us looking inward, reflecting on our own

attitudes, and of course, having difficult conversations with family and friends. Keep scrolling for kid-friendly resources.

A Detailed List of Anti-Racism Resources—from Katie Couric’s Wake Up Call Newsletter

WHAT TO READ

Articles:

- “The Death of George Floyd, In Context,” by Jelani Cobb of [*The New Yorker*](#)
- “Of Course There Are Protests. The State Is Failing Black People,” by Keeanga-Yamahtta Taylor for the [*New York Times*](#)
- “This Is How Loved Ones Want Us To Remember George Floyd,” by Alisha Ebrahimji for [CNN](#).
- The *New York Times Magazine’s* award-winning [*The 1619 Project*](#) is as important as ever. Take some time to read (or re-read) the entire thing, particularly [this essay](#) by Nikole Hannah-Jones
- “You shouldn’t need a Harvard degree to survive birdwatching while black,” by Samuel Getachew, a 17-year-old and the 2019 Oakland youth poet laureate, for the [*Washington Post*](#)
- “It’s exhausting. How many hashtags will it take for all of America to see Black people as more than their skin color?” by Rita Omokha for [Elle](#)
- “The Case for Reparations,” by [Ta-Nehisi Coates](#) for [*The Atlantic*](#)
- “How to Make This Moment the Turning Point for Real Change,” by Barack Obama in [Medium](#)
- “Black Male Writers For Our Time,” by [Ayana Mathis](#) in [*New York Times, T*](#)

- ["I Was The Mayor Of Minneapolis And I Know Our Cops Have A Problem,"](#) by R.T. Rybak
- ["Don't understand the protests? What you're seeing is people pushed to the edge,"](#) by Kareem Abdul-Jabbar in *Los Angeles Times*

Books:

- [*The Warmth of Other Suns: The Epic Story of America's Great Migration*](#) by Isabel Wilkerson
- [*A Spectacular Secret: Lynching in American Life and Literature*](#) by Jacqueline Goldsby
- [*The New Jim Crow: Mass Incarceration in the Age of Colorblindness*](#) by Michelle Alexander
- [*So You Want to Talk About Race*](#) by Ijeoma Oluo
- [*Born a Crime: Stories from a South African Childhood*](#) by Trevor Noah
- [*How To Be An Antiracist*](#) by Ibram X. Kendi
- [*White Fragility*](#) by Robin DiAngelo
- [*Biased*](#) by Dr. Jennifer Eberhardt
- [*Wilmington's Lie: The Murderous Coup of 1898 and the Rise of White Supremacy*](#) by David Zucchino
- [*Raising White Kids: Bringing Up Children In A Racially Unjust America*](#) by Jennifer Harvey
- [*Waking Up White*](#) by Debby Irving
- [*Citizen: An American Lyric*](#) by Claudia Rankine
- [*Brutal Imagination*](#) by Cornelius Eady
- [*Race Against Time: A Reporter Reopens The Unsolved Murder Cases of the Civil Rights Era*](#) by Jerry Mitchell
- [*They Were Her Property*](#) by Stephanie E. Jones-Rogers

- [*I'm Still Here: Black Dignity in a World Made for Whiteness*](#) by Austin Channing Brown
- [*Me and White Supremacy*](#) by Layla F. Saad
- [*Between the World and Me*](#) by Ta-Nehisi Coates

WHAT TO WATCH

- [*The Hate U Give*](#), a film based on the [YA novel](#) offering an intimate portrait of race in America
- [*Just Mercy*](#), a film based on civil rights lawyer Bryan Stevenson's work on death row in Alabama
- The [1965 debate](#) between James Baldwin and William F. Buckley
- My hour on the history of Confederate statues in Nat Geo's [*America Inside Out*](#)
- [*Becoming*](#), a Netflix documentary following Michelle Obama on her book tour
- [*Let It Fall*](#), a documentary looking at racial tensions in Los Angeles and the 1992 riots over LAPD officers' brutal assault on Rodney King
- [*When They See Us*](#), a Netflix miniseries from Ava DuVernay about the Central Park Five
- [*13th*](#), a Netflix documentary exposing racial inequality within the criminal justice system
- [*I Am Not Your Negro*](#), a documentary envisioning the book James Baldwin was never able to finish
- [*Selma*](#), a film that chronicles the marches of the Civil Rights Movement
- [*Whose Streets?*](#), a documentary about the uprising in Ferguson

WHAT TO FOLLOW

- [Rachel Cargle](#), a writer and lecturer who explores the intersection between race and womanhood
- [Ibram X. Kendi](#), the author of *How To Be An Antiracist* and Director of the Antiracism Center
- [Nikkolas Smith](#), the artist behind portraits of George Floyd, Ahmaud Arbery and others
- [Charlene Carruthers](#), founder of the [Black Youth Project 100](#)
- [Brittany Packnett Cunningham](#), co-founder of [Campaign Zero](#), a policy platform to end police violence, and a host of [Pod Save The People](#)
- [Ally Henny](#), a Christian commentator on race
- [Candace Andrews](#), a photographer documenting protests

WHAT TO LISTEN TO

- My [podcast episode](#) with Jamie Foxx, Michael B. Jordan, and Bryan Stevenson about *Just Mercy*
- [Still Processing](#), a *New York Times* culture podcast with Jenna Wortham and Wesley Morrison
- [Seeing White](#), a Scene on the Radio podcast
- [Code Switch](#), an NPR podcast tackling race from all angles
- [Jemele Hill is Unbothered](#), a podcast with award-winning journalist Jemele Hill
- [Hear To Slay](#), “the black feminist podcast of your dreams,” with Roxane Gay and Tressie McMillan Cottom
- [Pod Save The People](#), organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with analysis from fellow activists Brittany Packnett, Sam Sinyangwe, and writer Dr. Clint Smith III

RESOURCES FOR KIDS AND TEENS

Watch

- [*The Hate U Give*](#), a film based on the [YA novel](#) offering an intimate portrait of race in America
- [*Becoming*](#), a Netflix documentary following Michelle Obama on her book tour
- [*Dear White People*](#), a Netflix series about being black at a predominantly white college
- [*Hidden Figures*](#), a film about the brilliant African American women of NASA
- [*Remember the Titans*](#), story of a newly-integrated football team
- These 26 [New York Times mini-films](#) for students

Read

- "Talking About Race." [Helpful resources](#) from the National Museum of African American History & Culture.
- [*Genesis Begins Again*](#) by Alicia D. Williams
- [*Dear Martin*](#) by Nic Stone
- [*Stella by Starlight*](#) by Sharon M. Draper
- Anything by [Angie Thomas](#).
- [*The Colors Of Us*](#) by Karen Katz
- [*Skin Again*](#) by bell hooks
- [*Let's Talk About Race*](#) by Julius Lester
- [*All American Boys*](#) by Jason Reynolds and Brendan Kiely
- [*Stamped: Racism, Antiracism, and You*](#) by Jason Reynolds and Ibram X. Kendi

How to Support the Struggle Against Police Brutality—from the Cut/New York Magazine By Claire Lampen@claire_lampen

- On Monday, a white Minneapolis police officer named Derek Chauvin knelt on George Floyd’s neck until his body went limp. The assault was caught on video. Floyd, 46, gasped that he could not breathe, but Chauvin did not let up, and Floyd died from his injuries in police custody. It was the third in a string of similar deaths to make its way into national headlines this month: In March, police in Louisville, Kentucky, burst into Breonna Taylor’s apartment in the middle of the night. They shot the 26-year-old eight times, killing her in her own home. And in February, two white men in a pickup truck gunned down Ahmaud Arbery while he jogged through their Georgia neighborhood. The pair admitted to fatally shooting Arbery but were only arrested for his murder in May.
- It’s an unfortunately familiar pattern in the United States; this week, anger has boiled over. Minneapolis has seen massive protests over the past few days, while demonstrators across the country have gathered to demand immediate action to stop racist policing. Amid an ongoing pandemic, gathering to support one another carries unique risk, although for many, the calculation comes down to which danger is more immediate: the coronavirus, or police brutality. With that in mind, here’s what you can do to safely support protests right now.
- Participate in actions around Breonna Taylor’s birthday.
- Breonna Taylor would have been 27 years old on Friday. Although her birthday has now passed, here are a few things you can do to honor her memory.
- The writer Cate Young organized actions for Breonna’s birthday, including a campaign to send birthday cards to the Kentucky attorney general Daniel Cameron, the LMPD, Mayor Greg Fischer, and Governor Andy Beshear (addresses here). She suggested participants demand prosecution of the officers involved in Taylor’s killing: Sergeant Jonathan Mattingly, Brett Hankison, and Myles Cosgrove. Young also asked participants to “flood social media with love and

remembrance for Breonna. Art, music, poetry, anything you can think of." Tag posts #SayHerName and #BirthdayForBreonna, and of course, include Breonna Taylor in the caption.

- Again, Breonna's birthday was Friday, but the officers in her case still haven't been charged, so you might still consider contacting Kentucky leaders. Take a look at the list of demands on [FightForBreonna.org](https://fightforbreonna.org), curated by Taylor's family. By signing the petition, you can signal your support of the Taylor family's request that Fischer and the City Council take stock of systemic bias and overuse of force within the city's police department. You can also call or email the mayor's office, telling Fischer to ensure charges are brought against the officers — Black Lives Matter has instructions on exactly what to say — and while you're signing petitions, you might also consider this one at [Change.org](https://change.org), which makes additional asks that Taylor's family be paid damages, and that Congress convene a special session to ban "no-knock" warrants, which allowed the police to barrel into Taylor's apartment.
- On the subject of no-knock warrants: Mayor Fischer has suspended no-knock warrants in Louisville. The Louisville Metro Council's public safety committee has cleared legislation limiting their use, but unless you live in Oregon or Florida, no-knock warrants are legal in your state. Maybe also consider supporting the ACLU of Kentucky, which is currently working to get them banned in Taylor's state.
- There's also a GoFundMe for Taylor's family, which will help cover their legal costs, make up for some missed work, and generally offer extra support. If you have the means to diversify your donations, consider the Louisville Community Bail Fund, which is currently helping bail out arrested protestors and works to counteract cash bail policies that keep people — disproportionately, people of color — in jail, even without charges.
- Demand police accountability from your legislators.
- Make ending police brutality a litmus test for your political support. Campaign Zero — which is also accepting donations — has a

comprehensive guide to policies that aim to correct broken windows policing, excessive force, racial profiling, for-profit policing, cash bail, and much more. Familiarize yourself with laws in your area, and contact your representatives — at the local, state, and national level — to press them for their plans on ending discrimination in law enforcement.

- If you'd like to support accountability in the Minneapolis Police Department specifically, Reclaim the Block — a Minneapolis organization devoted to reallocating the city's money away from the police department and toward "community-led safety initiatives," to which you can also donate — has a petition that asks the city council to defund the police force, freeing up resources to promote the safety and health of the city's marginalized communities.
- You could also research how much of your city's budget goes toward its police force, and demand your local lawmaker move to cut that spending and reallocate it towards other crucial areas, like housing, education, and public health. Divest-invest initiatives are underway, for instance, in New York City, Philadelphia, and Los Angeles — visit their websites and get involved. They have information on which lawmakers to contact, as well as sample scripts of what you might say.

Make a donation

- If you have money to spare right now, consider making a donation, however small it might seem to you. As you make decisions about where to send money, consider our guide on how to make sure you're donating effectively. The Minnesota Freedom Fund, the Brooklyn Bail Fund, the Northstar Health Collective, and Free Them All for Public Health have recently begun asking donors to redirect their funds to other non-profits amid an outpouring of support: check to make sure your organization of choice is still soliciting donations beforehand.
- Pilar Weiss — director of the Community Justice Exchange — says that donating to local, grassroots formations is potentially the most

impactful way to prioritize funds. Larger, national organizations tend to attract more resources, so it's worth doing research into who's operating in your community. "A lot of times the groups that need the most support don't have fancy website and don't have a communications team," she explains. Talk to friends, families, houses of worship to figure out who is working on the issues you'd like to address, and then ask those people what they need.

- **Direct aid for victims' families:**

- George Floyd's family has started a GoFundMe to cover funeral and burial costs; counseling services; legal fees; and continued care for his children. There's also a GoFundMe to provide for his 6-year-old daughter, Gianna Floyd, and a GoFundMe to support "peace and healing" for Darnella Frazier, the woman who filmed Floyd's death.
- Another GoFundMe is raising money for Ahmaud Arbery's mother, donations to which will similarly fund the family's legal battle.
- There's a GoFundMe for Breonna Taylor's family, to help with legal fees and offer extra support.
- There's a GoFundMe for David McAtee's mother and family: McAtee was fatally shot just after midnight on June 1, after police officers and National Guard members fired into a crowd of people who were not taking part in the evening's protests.

Bail funds: ActBlue has a page that will let you split your donation between 38 community bail funds, or if you'd like to focus your donation directly, here are some options.

- The Bail Project, a nonprofit that aims to mitigate incarceration rates through bail reform.
- The National Bail Fund Network also has a directory of community bail funds to which you can donate, along with a COVID-19 rapid response fund.

- Another list of bail funds is available here, and another list of bail funds by city.

- **Support for protesters:**

- • A Gas Mask Fund for black youth activists in Minneapolis is raising money to buy gas masks for demonstrators who've faced tear gas during protests.

- • The Black Trans Protestors Emergency Fund is raising money for physical resources, bail, and medical care for black, transgender protesters, which will be redistributed to black, trans-led organizations "in the event these funds don't need to be used."

- • The NAACP Legal Defense Fund, which supports racial justice through advocacy, litigation, and education.

- • The Legal Rights Center is a non-profit law firm based in Minneapolis, offering legal defense, educational, and advocacy services.

- • Black Visions Collective, a black, trans, and queer-led social justice organization and legal fund based in Minneapolis-St. Paul.

- • The Know Your Rights Camp, an organization founded by Colin Kaepernick that provides education and training in black and brown communities, set up a legal fund for Minneapolis protestors.

- **Organizations working against mass-incarceration and police abuse:**

- • Communities United for Police Reform is an initiative to end discriminatory policing in New York, helping to educate people on their rights and document police abuse.

- • Showing Up for Racial Justice works to educate white people about anti-racism and organizes actions to support the fight for racial justice and undermine white supremacy.

- • Communities United Against Police Brutality, which operates a crisis hotline where people can report abuse; offers legal, medical, and psychological resource referrals; and engages in political action against police brutality.
- • No New Jails NYC aims to keep the city from constructing new jails, and to instead divert funds that currently go toward the police and incarceration toward housing, ending homelessness, mental health, and other community support systems.
- **Community support:**
 - • MOODI (Mobile Outreach and Outdoor Drop-In) is an initiative of the Cultural Wellness Center in Minneapolis, providing immediate response and resources for people currently without shelter.
 - • We Love Lake Street is gathering donations for small businesses and non-profits on Lake Street in Minneapolis, to help with the clean-up effort, as is the West Broadway Business and Area Coalition.
 - • The Okra Project combats food insecurity in black trans and gender-nonconforming communities. It set up two funds — the Tony McDade Mental Health Recovery Fund, for trans men, and the Nina Pop Mental Health Recovery Fund, for trans women — to help cover the costs of mental health therapy sessions with licensed black therapists. You can donate money here, and learn about donating services by following the links above.
 - • Mutual aid funds are a good place to send community support amid a pandemic. Find more info on where to look here.
 - • Fair Fight, an organization founded by Stacey Abrams that aims to end voter suppression and equalize voting rights and access for fairer elections.
- Join a protest, if you feel you can do so safely.
- If you have symptoms of the coronavirus, or if you have been exposed, or if you live with or regularly come in contact people who

are at particularly high risk of contracting the virus, the best thing to do is to isolate yourself. And while it is generally true that we should continue to keep our distance from others right now, the desire to show up for your community and your loved ones is understandable. For many people, police brutality poses an immediate risk to their health and well-being, and potentially also a fatal one.

- So, if you decide to participate in a local protest, wear a mask. Bring hand sanitizer, and if you can, maybe pack a few extra water bottles, for yourself and for others who might need them. Try to maintain as much distance from others as possible, and not to touch anyone else if you can. Keeping in mind that the coronavirus appears to spread primarily through droplets expelled when people talk and shout and sneeze and cough, do your best to keep your mouth covered, and to refrain from chanting if you find yourself in close quarters with others. Check out our guide to protesting safely; our tips on what to do if you're exposed to tear gas; and this basic first aid guide.
- Offer resources to protestors and affected communities in your area.
- As protests flared around the Barclays Center in Brooklyn last weekend, neighbors offered participants water, food, and stoops to sit on during the demonstration. If you have the means, you might consider picking up some extra bottles of water, food, masks, hand sanitizer, and other supplies ahead of protests in your area. Providing these basics is one way to help support the cause, even if you don't feel like you can safely join in yourself.
- Or, you could pick up extra groceries, household supplies — detergent, paper products, diapers, baby food, menstrual hygiene products, cleaning products, first-aid equipment — PPE, and find a donation point in your area. For example: In Minneapolis, where public transit has closed and many stores have been damaged, food pantries are in need of donations. Hunger Solutions has a list; Pimento Jamaican Kitchen is gathering supplies and looking for volunteers; or you can find a pop-up pantry. Women for Political Change also has information on supply drop-offs and donation options in the Twin Cities.

- Look into donation efforts in your city, and if you have a car, consider volunteering to drop off supplies to people in need. Ask yourself: “What do you have available?” Weiss suggests. “Is it money, is it resources, is it connections? Sometimes it can be these really small things, like, do you have meeting space you can donate to somebody? Can you be a driver for somebody?” Donating doesn’t always have to mean money.
- Help with a clean-up effort.
- You can also help by supporting businesses owned by people of color in areas where they’ve been damaged. In Minneapolis, community clean-up events started over the weekend — the Free Hugs Project launched rebuilding efforts last weekend, for example, and Support the Cities has information on Lake Street clean-up initiatives and grocery drop-offs — and will be ongoing. Volunteers will need shovels, trash bags, brooms, gloves, water, and whatever other supplies they can contribute. Things like plywood may also be useful.
- Educate yourself, educate others — particularly if you are white.
- Take the time to learn how systemic racism operates in this country, particularly if you are a white person. Indeed, among the best things white people can do is to take the time to educate themselves on the experience of being black in America — here are some suggestions if you’re looking for a starting point — and start talking to other white people.
- “One of the challenges is, white people want to call people of color and say, ‘What am I supposed to do,’ which puts a tremendous burden on people of color,” Carla Wallace, a co-founder of Showing Up for Racial Justice, tells the Cut. “Our work is to move other white people.”
- Anti-racism demands that we identify the hierarchies and power structures that have always awarded privilege to white people and look at them honestly. Showing Up for Racial Justice developed a tool kit with Color of Change, and also has tips for calling people into

conversations in a manner that doesn't prompt defensiveness. You hear someone griping about the riots and violence at certain protests? Talk to them about the despair, the pain, and the anger at the center, and where that comes from. You hear someone wonder what privilege a broke white person has? Talk to them about what it's like to not have to worry about your personal safety while moving through your day: jogging down a residential street, or walking home from a convenience store. But, Wallace recommends, exercise empathy over the urge to reproach.

- "Unless we get more white people to end white silence, our silence will always be used by those in power to not make the changes that are needed. The majority of white people in this country are still on the side of business as usual," Wallace says. "If 10,000 white people showed up tomorrow on the steps of Louisville's City Hall, you can bet the mayor would fire these police officers who killed Breonna Taylor. ...We have to win a significant number to stand with black, brown, and indigenous communities for the justice that we all need in this country."
- If you have kids, talk to them.
- Although parents may find these conversations painful and complicated, it's important talk to your kids about what's happening right now — even if your kids are young. White parents of white children can help their children understand racial injustice, and the concept of privilege, early on. Wallace points to Raising Race Conscious Children for suggestions on how to approach these conversations and this guide — intended for white and racially privileged parents — for tailoring those conversations to the child's age. The National Museum of African American History & Culture has a toolkit for talking about race, and Black Lives Matter at School has an expansive guide to teaching materials and resources.

This powerful video shows how black parents have to have “the talk” with their kids.

<https://www.mother.ly/news/video-black-parents-how-to-deal-with-police>

We Need to Be Actively Anti-Racist—18 Articles to Help You Understand and Take Action

From The Everygirl Publication

[News & Current Events](#)

May 29, 2020

This week, it’s been hard to navigate how to approach our content here at The Everygirl. Talking about shoes and summer clothes and even career advice suddenly feels not only inappropriate but also fully trivial in light of what’s happening in our country. While these are an escape from daily life—especially in times of crisis—and something we will always provide, we also can’t and won’t ignore the greater issues we’re facing in the United States.

Above all, one thing is unquestionably true: change is needed, and for it to happen, the first step is to be as informed as humanly possible. It is our responsibility to educate ourselves and to listen to the voices that are fighting to be heard—so we’ve rounded up articles from various publications that are a great place to start.

1. [Protests Over George Floyd’s Death Spread Across U.S.: Live Updates](#)

2. [Fires Rage in Minneapolis; Trump Calls Protesters ‘THUGS,’ Suggests Looting Will Lead to ‘Shooting’](#)

3. [These Are The Images of George Floyd You Should See](#)

4. [Opinion | My Fellow Brothers and Sisters in Blue, What the Hell Are You Doing?](#)

5. [12-Year-Old Goes Viral Singing 'I Just Want to Live' in Wake of George Floyd's Death](#)

6. [How White People Can Hold Each Other Accountable to Stop Institutional Racism](#)

7. [Opinion | Of Course There Are Protests. The State is Failing Black People.](#)

8. [In George Floyd's Death, a Police Technique Results in a Too-Familiar Tragedy](#)

9. [America's Racial Contract Is Exposed Anew](#)

10. [The Racist Roots of American Policing: From Slave Patrols to Traffic Stops](#)

11. [These Photos Capture the Stark Contrast in Police Response to the George Floyd Protests and the Anti-Lockdown Protests](#)

12. [The Death of George Floyd, in Context](#)

13. [Black People Need Stronger White Allies—Here’s How You Can Be One](#)

14. [75 Things White People Can Do For Racial Justice](#)

15. [Millions of Amy Coopers They could be your boss or your neighbor or your teacher, if disturbed on the wrong day.](#)

16. [Beyond the Hashtag: How to Take Anti-Racist Action in Your Life](#)

17. [Dear White Women: A letter reminding modern white women of their relationship with black women throughout history.](#)

18. [How to Talk to Your Family About Racism](#)

Where to Donate

[Black Lives Matter](#)

Contributions support the Black Lives Matter movement and the ongoing fight to end state-sanctioned violence, liberate Black people, and end white supremacy forever.

[Minnesota Freedom Fund](#)

The Minnesota Freedom Fund is helping to pay bail for those who have shown up to demand justice for the murder of George Floyd.

Campaign Zero

Campaign Zero fights for deliberate action taken by policymakers at every level of government to end police violence. Donations will help support their advocacy.

The National Police Accountability Project

A part of the National Lawyers Guild, the NPAP helps people in need of legal counsel access it. Donations go toward more law enforcement accountability.

Chicago Community Bond Fund

Donations will go toward posting bail for those who were arrested while protesting in Chicago.

Black Visions Collective

The Black Visions Collective is a black, trans, and queer-led social justice organization and legal fund based in the Twin Cities.

Communities United Against Police Brutality

CUAPB takes on police brutality by providing assistance for families experiencing it, offering a 24-hour crisis hotline to report abuse, and sending out teams to offer immediate assistance.